

SOW TO SEW



FOR
SCHOOLS AND
COMMUNITY
GROUPS

We invite you to sign up to our new educational programme of free workshops and textile demonstrations.

PROGRAMME DETAILS

The aim of this programme is to provide an interactive learning environment and support mental wellbeing through multi-sensory and social skills activities like gardening, needlework and weaving.

Workshops

Our programme focuses on cultivating flax and processing it into fibres which subsequently become linen threads for sewing. The workshops will encompass all stages of textile production, from seed to cloth. This will incorporate demonstrations of various traditional techniques and mixed media textile sampling including block printing, natural dyeing, embroidery, weaving and yarn spinning.

Timeline

We offer four stages of workshops:

- Spring Sowing
- Summer Colours
- Autumn Harvest
- Winter Weaving

More Information

www.ariadnethreadgroup.org

Contact Us

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**SIGN UP
TODAY!**

stanleypickergallery:

